

## Professional Vitae

### Practice Expertise

- Trauma and Dissociative disorders
- Couples and relationships

### Work Experience

1985 to present	Psychotherapy, private practice
1981-1989	School Social Work, preschool – grade 12 Academy School District 20, Colorado Springs, CO

### Education and Professional Certifications

1986-present	State of Colorado	Licensed Clinical Social Worker [LCSW]
1979-81	University of Kansas	Masters of Social Work
1973-74	University of Colorado	Bachelors of Arts, sociology
1969-72	Bethel College, Newton, KS	
1995	Eye Movement Desensitization Resolution [EMDR]	
1998	Ericksonian Hypnosis	
2013	Gottman Couple's Therapy, Level I	

### Organizations

Colorado Society for Clinical Social Work [CSCSW], member	1986-present
President, Colorado Springs Chapter	1995-1996
Chairperson, Membership Committee	1996-1997
	1990-1994

### Who's Who in Executives and Professionals

Interdisciplinary Committee of Colorado Springs-- <i>represents all mental health professionals citywide</i>	
President	1996-1997
	1999-2000
	2002-2003

### Articles and Presentations

- Oct 1997            *Early Childhood Defense Mechanisms and Altered States of the Dissociative Identity Disorders.* Presentation, Society for Clinical Social Work. Colorado Springs, CO
- Sep 1997-2003      “Women Empowering Women” Workshop for Sexual Abuse Survivors. Colorado Springs, CO
- Apr 1997            “Parenting—The Crossroads of the Individual and the Marriage” Women’s Retreat. Divide, CO
- Apr 1994            Wiens, Karen. Response Paper to Conference on “*The False Memory Syndrome Controversy: Facts and Fiction.*” Block, Paul. Colorado Springs, CO
- Apr 1994            “*Dissociation: A Coping Mechanism*” Lectures. Healing Images Artfest Exhibit and Education Series. Colorado Springs, CO
- Nov 1994            *Dissociation Disorders.* Panel discussion. Cedar Springs Psychiatric Hospital. Colorado Springs, CO
- 1981-present      *Family systems, sexual abuse and trauma.* Numerous community presentations

### Book Review

- Mar 1993            Heggen, Carolyn Holderread. Sexual Abuse in Christian Homes and Churches. Herald Press, Scottsdale, PA. 1993

### Published Articles

- Wiens, Karen        “They were Set Up” MCC Women’s Concerns Report. Nov-Dec 1994
- Wiens, Karen        “The Dysfunctional Family and the Church” The Echo. May-Jun 1990
- Glicken, Morley D. “Wasting Money on Therapy” Taxing and Spending. Fall 1980. [research assistant for Morley D. Glicken in preparation for this article. Graduate School of Social Work, University of Kansas. Lawrence, KS]

### Awards and Nominations

- 1995                Outstanding Clinical Social Worker, nomination
- 1994                Clinical Social Worker of the Year, nomination
- 1980                Sandra Gintzler Scholarship Award  
School of Social Work, University of Kansas, Lawrence, KS